

# Look Listen Love Gospel Sharing

Awareness – Reflection – Action

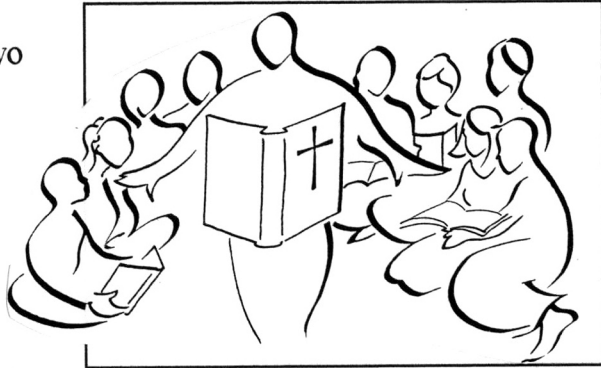
*(You do not need your bibles for this method)*

## Introduction

Today we are going to use a Gospel Sharing Method that helps us to reflect on a problem in our everyday life and search together for light from the Gospel.

### 1. We invite the Lord

Would one or two please invite the Lord in a prayer



### 2. Look at our experiences.

Share an experience.  
Which you found  
Important or disturbing  
in which you yourself  
were involved – at home,  
in your neighbourhood,  
at work or in your  
village or town.



### 3. We choose one situation or event to discuss

Let us select only one experience to discuss further. Which one of those mentioned should we select? We can keep other experiences for another time.



### 4. A closer look

Let us take a closer look at the problem we have selected. Can the one who told us about this experience tell us anything more about it? Do any of the others know anything about this? Why did it happen? How do you feel about it?



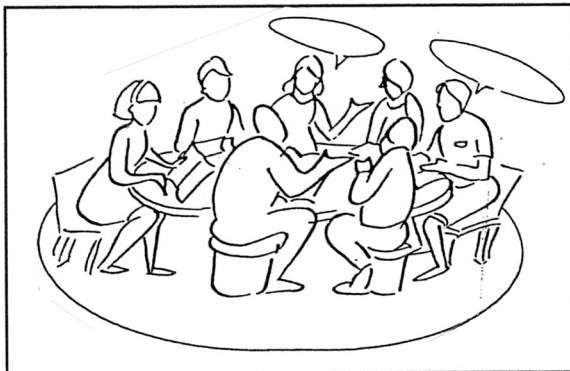
## 5. We listen to God in silence

Let us think about what God might say through the Scriptures and the Church. What does God think and feel about this event or situation? Let us listen in silence for about 5 (or 3) minutes to God. Put aside your own thoughts and feelings – listen to God, think of verses or words from the Bible or church teachings related to this event. If God were to speak about this event now, what would he say?



## 6. We share what we have heard in our hearts

Please share now what you think God is saying about this event or situation.



## **7. Act out of Love**

What does God want us to do about this event?

Who will WHAT, When, Where and How?

## **8. We pray together**

All are invited to pray.

Any prayer is possible – petition, praise and thanksgiving.

End with a prayer or hymn all know by heart.

